How to put on your Ergodyne® ProFlex® Back Support:

1. Loosen suspenders and slip on the back support.
2. Grasp each end of the waistband. Stretch the right end with hook-and-loop fastener across the left and attach (approximately 4-6 inches [10-15 cm] of overlap). Model 1400UN universal back support may overlap more than 4-6 inches (10-15 cm) when worn on people with small waists and overlap less than 4-6 inches (10-15 cm) when worn on people with large waists. The upper edge of the waistband should be just below the naval.
3. Fasten the outer elastic bands at your sides.
4. Adjust suspenders for a comfortable fit. For maximum effectiveness, the ProFlex back support must be properly positioned.
5. Before lifting, grasp the outer elastic bands and pull forward as far possible. For Model 1400UN, overlap of the right elastic band over the left elastic band is acceptable for small waist sizes. Secure bands in a comfortable position. Note: The back support should be worn loosely when not lifting.

Care Instructions: Machine wash cold; air dry.

- We cannot guarantee wearing personal protective equipment will prevent injury.